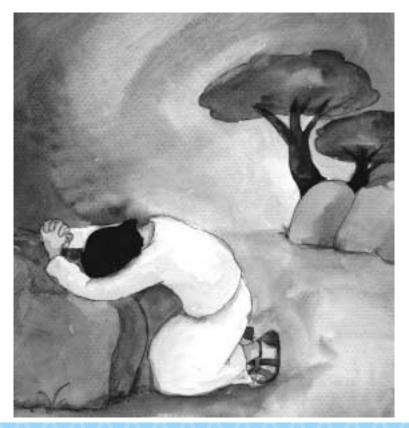


Jesus Prayed in the Garden of Gethsemane

Matthew 26:36~46

Jesus went to the garden of Gethsemane with His disciples to pray the day before His crucifixion. Jesus asked the disciples to sit and wait for Him in a nearby place while He went to pray. Among His 12 disciples, Jesus took Peter, James, and John with Him. He was sad and distressed about being crucified on the cross the following day. He fell on His face and prayed to God earnestly,

"O My Father, if it is possible, let this *cup pass from Me; nevertheless, not as I will, but as You will."





Jesus prayed so earnestly that His sweat fell like drops of blood.

After He prayed, he went to the disciples and noticed they were asleep. Jesus said to His disciples, "Could you not watch with Me one hour? Watch and pray, lest you enter into temptation."

Then he went back to pray to God again, "Father, if there's no choice but for me to suffer, I will obey. I wish to do as You please."

Jesus prayed earnestly again about God's will. After Jesus prayed,

He went to the disciples and said, "Rise, let us be going. See, My betrayer is at hand."



b Today's Study

- 1. What is the reason for Jesus' troubles and sorrows while He was praying?
- 2. What does "The will of My Father" mean?
- 3. How did Jesus pray in the garden of Gethsemane? ()
 - 1 Jesus prayed only once.
 - 2 Jesus prayed for His own will and wants, and not of God's.
 - 3 Jesus knett down, fell on His face, and prayed earnestly and continuously.

and

4 Jesus fell asleep because He was so tired.

Who, in the days of His flesh, when He had offered up

with vehement

to Him who was able to save Him from death,

(Hebrews 5:7)

4. The following is Jesus' prayer at the garden of Gethsemane the day before His crucifixion. Read Jesus' prayers below and write your thoughts and feelings.



O, Father! I am afraid. I am afraid of the humiliation I'll be facing from the People and the Pain I'll be suffering on the cross. I don't want to suffer.

However, since People will get saved as a result of my crucifixion on the cross according to My Father's will, I wish to follow your will and do as you please.



Today's Lesson

Jesus prayed according to God's will and was crucified on the cross for us. Robert and Allen pray to God. Read their prayers and answer the question below:



Robert has lots of toys. He saw a new toy when he went to the department store with his mom. He asked his mom to buy the toy for him but she didn't, so he prayed to God, "God! I want to have that toy, Please help me to get it."

Allen wanted to preach the gospel to his friend, Jean. One day, Jean came over to his house, Jean showed interest in a toy that he cherished very much. Allen, wanting to evangelize to Jean, prayed to God, "God! I think Jean wants to have my favorite toy. I really cherish it a lot, but if she will be able to listen to Your Word by giving her my toy, help me to give it to her voluntarily with pleasure."



Whose prayer will God listen to? Write the basis for your answer.

Now this is the confidence that we have in Him, that if we ask any thing according to His will, He hears us (1 John 5:14)



Just as Jesus prayed earnestly, we also ought to pray sincerely.

 ${}^{?}$ Write down the things you sincerely want to pray about just like how Jesus prayed.

Set a time to pray and look for a secluded place where you will not be bothered.

*Time for Prayer: day (:

*Place for Prayer :

When the time for prayer comes, go to the place you have indicated above, kneel down and earnestly pray to God.

After praying, write down the feelings you had as you prayed.

The more we pray to God earnestly and seek His help, the more our prayers will be answered and the more we will grow to be mature and respectable Christians.

Continue earnestly in prayer, being vigilant init with thanksgiving. (Colossians 4:2)



why do we need to get our knee down during praying?

It is a Korean custom for younger people to kneel down to the older generation as a sign of reverence. In addition, we also kneel down if we have an earnest request. Likewise, kneeling down during prayer is acknowledging that we are nothing before God, that God is above all things and that we can't do anything without God's mighty help. Again, kneeling down during prayer also signifies our sincere hope to be heard by God. Sometimes we are not able to kneel down when we pray, but God will hear our prayer as long as we exalt Him and pray earnestly.

